

THE BIGGEST LOSER CINCINNATI - MEN'S EDITION

- Want to lose a couple of pounds this winter and have fun doing it?
- Want to help support a great cause?
- Want to show off your competitive side?

Then JOIN the Biggest Loser Cincinnati contest starting after Chanukah!

The Cincinnati Jewish Community is invited to compete in this first ever Weight-Loss Extravaganza.

Here is how it works:

- This is a 10-week competition starting the last day of Chanukah, Wednesday, December 28th and ending on Taanis Esther, Wednesday, March 7, 2012.
- The contestant with the greatest percent weight loss is crowned "The Biggest Loser".
- This competition is for men only at this time.
- The entrance fee is \$100 (\$50 of it is a donation to CHDS). Contestants are encouraged to get their families and friends to sponsor them to offset the entrance fee. The contestant that brings in the most sponsorship money will receive a special prize.
- Any men from the community can join (those under 18 wishing to join, must have their parent's permission).
- To join: Come to CHDS on Wednesday December 28th to weigh in and pay the entrance fee.
- All information will be kept strictly confidential.
- Please email biggestlosercincinnati@gmail.com with any questions.

Winners Prizes:

There will be 3 prize winners:

- (1) The Greatest Percentage Biggest Loser will receive 30% of the entrance fees;
- (2) The Second Greatest Percentage Biggest Loser will receive 10% of the entrance fees.
- (3) The Most Pounds Lost Biggest Loser will receive 10% of the entrance fees.

The remaining 50% of entrance fees and all other sponsorship money collected will be donated to CHDS to be used for health related programs.

PLEASE JOIN AND GET YOUR FRIENDS TO JOIN WITH YOU, THE MORE PEOPLE, THE BIGGER THE POT.